

ANDREA'S KILLER GETS LIFE IN PRISON

Rustenburg – Gerhard Jansen van Vuuren who was convicted for killing his ex-girlfriend, Andrea Venter, was sentenced to life in prison in the Johannesburg Magistrates' Court on Friday 5 August.

He stabbed Andrea to death at the entrance to her housing complex in Fourways, Johannesburg on 2 May 2011. Afterwards, he attempted suicide by cutting his throat and laying down next to her body.

He managed to evade arrest for several years by fleeing the country but was later tracked down and arrested on 18 June 2020 in Rio de Janeiro, Brazil.

After more than a decade of suffering the loss of his daughter, her killer fleeing the country and then multiple court postponements, Andrea's father Dries Venter said that he is pleased that the court case has been concluded and they can finally start healing.



In remembrance



Join us in mourning the enormous loss and life of the late Johanna de Klerk (64) who passed away on 6 August 2022. Her funeral service will take place on Saturday 13 August at the Shepherd Church, Karlienpark, Rustenburg. For more information contact Armand Goosen on 079 319 8291 or Cobus Combrink on 081 379 8919 at Econo Funerals. A service with love and dignity through Econo Funerals.



Join us in mourning the enormous loss and life of the late Gerolom Marinowitz (58) who passed away on 2 August 2022. His memorial service took place on Wednesday 10 August at the Chapel at Sonskyn Retirement Village, Rustenburg. For more information contact Simon Sethlabi on 078 375 9090 or Cobus Combrink on 081 379 8919 at Econo Funerals. A service with love and dignity through Econo Funerals.

Pedestrian killed in accident

Rustenburg – Eagle Trauma Rescue received a report of an accident on the N4, outside Rustenburg, shortly after 06:00 on Sunday 7 August 2022. On arrival, it was discovered that a pedestrian was critically injured. Eagle Trauma Rescue team attempted an unsuccessful resuscitation effort and the patient unfortunately succumbed to his injuries.

Trauma Rescue press release extracts, dated 7 August 2022
In case of emergency contact Trauma Rescue on 0861 789 911



Bad apples, ATM bombing and attempted murder

Mogwase – A 46-year-old police officer is implicated in an ATM bombing, business robbery, attempted murder and carjacking.

Sergeant Sello Molefe, who is stationed at the Rustenburg Tactical Response Team will appear for a second time before the Mogwase Magistrates' Court on Thursday 11 August 2022 with three of his alleged accomplices.

Molefe, Mcebeni Benene (38), Arrao Silva (44) and Bokamoso Moabi (39) were remanded in custody during their initial court appearance.

"They were arrested for an ATM bombing, business robbery, five counts of attempted murder and two of carjacking. The accused were nabbed during the early hours of Sunday 31 July following crimes allegedly committed at a petrol station along the R510 near Mogwase," police spokesperson brigadier Sabata Mokgwabone said.

The four allegedly arrived at the filling station driving in two vehicles: a silver Volkswagen Polo and a BMW X5. They allegedly pointed firearms at customers and staff, and then went on to bomb an ATM using explosives.

Their attempt to loot cash from the ATM failed, because the cash container didn't open.

"The suspects then took an undisclosed amount of money from the cash register and hijacked a vehicle and a motorbike on their way out. The police were alerted of the incident and with the assistance of a car tracking company, the hijacked vehicle was traced to Sondela informal settlement.

Molefe and Benene were arrested in Boitekong and Tlhabane respectively," Mokgwabone said.

"During the arrest, police seized a rifle and boxes of cigarettes allegedly taken during the robbery. Subsequent to further investigations, Silva and Moabi were arrested at Boitekong and Tlhabane respectively."

The two, who were also remanded in police custody when they appeared before the court on Thursday 4 August 2022, will also reappear in court, joined by Molefe and Benene.

Mokgwabone confirmed that the police are conducting their own internal investigation into Molefe's conduct.



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Announcing the death of a family member is a time-honoured tradition as life should be celebrated and never forgotten. To help you to celebrate the life of your loved one and share details about the upcoming funeral, place an obituary in our newspaper, free of charge. You can include the date of death, details about their life and surviving family members. You can also write a special message, a poem or a prayer. Please include a photo and the date, time and place of the memorial service.

If you would like to place an obituary in *Platinum Weekly* / *Platinum Bushvelder*, send the information via WhatsApp to 072 482 6871 or email news@platinumweekly.co.za / news@platinumbushvelder.co.za.



STABBED TO DEATH BY HER GRANDSON

Brits – A 30-year-old man allegedly stabbed his grandmother to death in Maboloka village near Brits and then started to stab himself. The incident occurred on Monday 1 August. Police spokesperson lieutenant colonel Amanda Funani said 70-year-old Elsie Mathasedi was stabbed and killed at Tambo Section in Maboloka.

“According to information, Elsie’s son found the lifeless body of his mother lying in a pool of blood at their home and his nephew was allegedly standing next to her with a knife,” Funani said. “As a result, the uncle called the police and the suspect who allegedly stabbed his grandmother multiple times, fled the scene.”

Funani added: “The suspect allegedly also stabbed himself with a knife and eventually fell on the ground in a bushy area while being chased by his uncle.”

The motive for the murder is not yet known.

ELDERLY COUPLE BRUTALLY ATTACKED ON SMALLHOLDING

Rustenburg – An elderly couple was seriously injured when an unknown number of intruders attacked them with steel rods. Johannes (87) and Carla (82) van Reeuyk were assaulted on their smallholding in Mooi-nooi near Brits on Monday evening, 8 August. Police has not yet been able to talk to them as Carla is in a critical but stable condition, and Johannes is also still under sedation. Police spokesperson colonel Adele Myburgh confirmed that the attackers gained access to their home by breaking a window in the living room. They overpowered the couple in their bedroom, where they proceeded to assault them. “The house was covered in blood, and it looks like Johannes might also have been strangled with a cord,” she added. Magalies Oos Radio Groep is a group of volunteers who stand together to assist the community in times of crisis. According to Magalies Oos Radio Groep’s Ben Potgieter, Van Reeuyk called for help on the radio at around 22:00.

“We tried to contact him, but the radio was dead so a group of farmers in the area rushed to the smallholding to go and check on them. When we arrived, we saw some of the suspects running away.” It is unthinkable what might have happened if the attacker’s rampage was not cut short by the immediate response of these farmers. When they entered the house, they were met by a horrific scene. “We tried to chase down the attackers, but they managed to get away.” During the search, they picked up a laptop bag and Carla’s shoes and a cap that presumably belongs to one of the attackers. The victims’ citizen’s band radio was lying under a tree in the garden where the attackers dropped it. A large-scale search for the suspects was launched that included the police’s K9 unit. **The police urge anyone with information that might help track down the attackers to contact lieutenant colonel Lekai Mohajane on 082 416 3598.**



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Homeless, no shelter

[Letter to the editor]

Rustenburg – I am a resident of Rustenburg who is very concerned about homeless people who have now resorted to sleeping along pavements in some parts of the central business district (CBD). I do painting and maintenance work in town and I have come across these people many times while in the CBD. During the early morning hours, people walking past the Rustenburg Fire Department offices along Bethlehem Street will be able to spot a group of homeless people. During the winter, their group increased in number, and I am worried because you just wonder how they manage. I have not talked to them because they are many and I do not feel secure enough to go anywhere near them. However, my friends have told me that the groups are a mixture of South Africans and foreign nationals. The municipality must come up with a plan to fix this mess and find a permanent solution.

Concerned resident



RLM’s response...

Rustenburg – Businessowners have not approached the Rustenburg Local Municipality to complain about the homeless people. However, the municipality has started to work with social workers from the Department of Social Development in trying to resolve this problem permanently. There have been efforts by the Rustenburg Public Safety Directorate to remove them or prevent them from sleeping on pavements, but they keep on returning to the pavements every day. The municipality has restarted the Safe and Clean city campaign, in collaboration with relevant stakeholders, such as the departments of Home Affairs, Social Development, SAPS, Community Policing Forums (CPFs), civic organisations and businesses. This is with a view to eradicating lawlessness and crime in the city, thus ensuring upholding the rule of law.

RLM press release extracts

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Onlookers gathered at the scene shortly after the security guard was shot.

CIT heist at Letlhabile mall

Brits – Six men stole five bags of money from security guards at Letlhabile Mall during a cash in transit (CIT) robbery on Thursday 4 August 2022.

Hawks spokesperson lieutenant colonel Robert Netshiunda said police are investigating a case of attempted murder and CIT robbery following the incident. One of the security guards were carrying two bags of money and walking towards a financial institution when he was accosted by the six men who robbed him of the bags. “His colleague, who remained in the vehicle,

was robbed of his pistol and three more bags of money were stolen. A third security guard was shot in the thigh when the suspects randomly shot at the vehicle,” Netshiunda said. “The suspects reportedly fled the scene in a VW Caddy and a Ford Ranger with an undisclosed amount of cash. No arrests have been made yet.”

Anyone with information regarding the whereabouts of the suspects, is requested to contact their nearest police station or call the Crime Stop number 08600 10111.

Attorney’s R700 000 theft case postponed

Rustenburg – The case in which an attorney is being accused of allegedly stealing R700,000 from the Road Accident Fund (RAF) was postponed by the Rustenburg Regional Court to 29 August 2022.

spokesperson for the North West Henry Mamothame said. It is not yet clear what the state and Diale’s attorney will be negotiating about at this stage.



The ruling was made on 4 August during an appearance by the attorney, Betty Diale, who is facing six charges of theft amounting to approximately R700,000. The money was allegedly stolen from Road Accident Fund (RAF) claimants. Diale (52) is out on a warning and has been ordered not to interfere with state witnesses. “The matter was set for a pre-trial, however, her defence attorney indicated to the court that they intend to enter negotiations with the state about the charges. The state did not oppose the postponement,” NPA

Prior to Diale’s arrest, Fidelity Funds – a body that oversees the conduct of attorneys – had received several complaints from the RAF claimants, whose payments were deposited into Diale’s trust account. The claimants made a report to the police after failing to receive their money. “Diale was practising as an attorney, during the alleged commission of the crimes from 2009 to 2011 and was subsequently charged in June 2021. The Legal Practice Council has struck her off the roll, preventing her from practising as an attorney,” Mamothame added.

Koster Fire Station fitted with a borehole

Koster – The Koster Fire Station was fitted with a borehole by AE Scheepers Boor Kontrakteurs on Thursday 4 August. According to Bojanala Municipality spokesperson Tshepang Ramosepele, the fire station was earmarked to get a borehole in response to the shortage of water supply to the station by the local municipality. For all your borehole needs contact AE Scheepers Boor Kontrakteurs on 073 240 0970 or 083 955 6255.



The borehole being drilled at Koster Fire Station.



August winds + fire = DANGER!

Rustenburg – “Beware the August winds!” This is a stern warning from the Greater Rustenburg Fire Prevention Association (GRFPA), as the change of season brings with it a higher risk of dangerous and rapidly spreading fires. Strong winds, a characteristic feature of the month of August, can cause destruction when they pick up embers which go on to cause fires elsewhere. GRFPA secretary Ruth Dawson described wind and fire as a dangerous combination during this time of the year. She urged community members to be extra careful when making fires on a windy day and said the possibility of embers being blown away is a realistic one. “Council for Scientific and Industrial Research (CSIR) has classified 81% of the area of the Rustenburg Municipality as having extreme veldfire risk,” said Dawson. “Areas outside the built-up areas of the city fall into this category. The remaining 19%, which is made up of the built-up areas of the city, fall into the category of high risk,” she added. She further explained areas most at risk of catching fire. “Any area where there is natural vegetation and veld grass is at risk of veldfire. This especially applies to all farms and small holdings but can even apply to areas within the built-up area of the city like open lots, undeveloped areas, road edges and properties on the urban edge are also vulnerable. On how to prevent fires, Dawson suggested the following:

- Be on the lookout for smoke. Firebreaks, ash pits, harvest residue and block burns are all prohibited until 31 October. So, smoke of

- this type must be reported immediately so that action is taken.
- Make sure to alert your WhatsApp groups about the dangers of fire and how to prevent fires.
- Instead of waiting for disaster to happen, buy some beaters or a backpack from the local hardware. It is much cheaper than replacing a house!
- If you live next to a road, be extra vigilant, fires are often started by passing motorists or pedestrians.
- If you live in town next to an open lot that poses a risk, ask the municipality to assist in locating the owner of the lot or in clearing the plot.

Dawson said that going into a veld fire without suitable personal protective clothing is a big risk. “Professional firefighting gear is exceedingly expensive but at minimum ensure that you use 100% cotton clothing, strong boots and a face covering of cotton and leather gloves. Never go into a fire with dry clothes. Rather wet all your clothing first. Always check that you are not trapped by fire from more than one front. Go to a safer place if the heat or the smoke is too much.”

For more information, email grfpa.fire@gmail.com or visit <https://www.grfpa.org/>.

To report a fire, contact the Rustenburg Fire Brigade at 014 590 3232 or 3333 or 3444.

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SOMETHING SMELLS...

[Letter to the editor]

Swartruggens – I live close to the Elandsrivier just outside Swartruggens. Since I've moved here, we've had to deal with the horrible stench coming from the river. The smell is caused by a sewage pipeline that flows underneath the river, which is faulty. The pipes the municipality use is normal sewerage pipes... But it is clear that these pipes cannot handle the pressure as it bursts continuously. When they burst, the filthy sewage runs into the river and contaminates the water. The river flows for quite a stretch and eventually leads

to the Lindleyspoort Dam spreading the contaminated water. The pipe was repaired by the Kgetlengrivier Local Municipality (KLM) on Friday 5 August, but how long will this fix last? Not only is the stench horrible for all those who live along the dam, but it is also a health hazard. This has been a problem for a while and nothing is being done to find a permanent solution to this stinky situation. **Tired of the smell**

Platinum Weekly reached out to Kgetlengrivier Local Municipality for comment, but at time of going to print, we had not yet received any feedback.



The pipeline flows underneath the river but can't handle the pressure.

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Rustenburg is open for business

Rustenburg – ANEW Resort Hunters Rest was a hive of activity on 3 August 2022 during a successful trade and investment roundtable, hosted by Rustenburg Local Municipality (RLM) through its local economic development directorate. The roundtable showcased the city's facilities to potential local and foreign investors who attended.

Rustenburg is responsible for South Africa's largest platinum production. Two thirds of the world's platinum output come from Rustenburg, with the mining sector accounting for a large percentage of the city's economy. RLM has in recent years started to explore strategies to diversifying the local economy and develop alternative industries. This is in line with the RLM's Integrated Master Plan 2040, which was developed and guided by its spatial development framework.

Addressing the potential investors, RLM executive mayor councillor Sheila Mabale-Huma said: "Our city is strategically situated along the platinum highway corridor, presenting itself as a gateway to other markets in other cities, provinces and the continent. I invite potential investors to invest in Rustenburg. Policies and strategies have been adopted to reduce red-tape, with greater emphasis on a private sector investment drive." Many of the guests expressed a keen interest to invest in the city – a development that would translate into job creation and entrepreneurial opportunities for locals.

RLM press release extracts, dated 3 August 2022



RLM executive mayor councillor Sheila Mabale-Huma addressed potential investors.

North West Gambling Board receives a clean audit

North West – The North West Gambling Board, an entity of the Department of Economic Development, Environment, Conservation and Tourism, and responsible for the regulation of gambling in the North West Province, has managed to receive a clean bill of health in respect of the management of its finances and its administration as declared by the auditor-general for the 2021/22 financial year. The entity has managed to weather the storm despite many challenges that it faced during the year which included amongst others, not having a substantive chief executive officer whose term of service was terminated and also not having a full

complement of board members. The elated chairperson of the board, Lavelle Vere, noted with appreciation the clean audit as the entity last achieved this 12 years ago and is particularly significant in light of the negative and unwarranted allegations of impropriety levelled against the board and its management. "With this benchmark, not only do we hope to have restored the institutional integrity of our entity, but we've also developed a winning formula for our continued future success. In strengthening its institutional capacity, the board also welcomes the filling of board vacancies with the appointment of three additional

members. This will expectedly strengthen the governance capacity and outlook of the entity with the reconfiguration of the various subcommittees, which are a vital cog in the maintaining operational efficiencies," commented Vere. Vere conveyed his greatest appreciation to his fellow board members, the acting CEO, chief financial officer and staff of the board for the sterling job done.

North West Gambling Board press release extracts, dated 8 August



NORTH WEST GAMBLING BOARD

Art inspired by nature exhibited at Kroondal Meule

Rustenburg/ Kroondal – Local artist Verena Harms launched her art exhibition at Kroondal Restaurant & Deli on Saturday 6 August. Harms draws her creativity from nature. "Natural neutral colours inspired me to look at other ways to paint. So, in 2018, I started making paint from charcoal and ash," she said. This opened a new side of nature for her, and her explorations

led her to find wonderful pigments wherever she went. Through this process, she created beautiful sustainable artwork. The theme for the exhibition is 'Ek is Wildernes' and will showcase Harms' photographic and hand printed works until 30 August. **Kroondal Meule Restaurant and Deli is open from 08:00 to 16:00, Mondays to Saturdays.**

For more information contact Anita Kok, Kroondal Meule Restaurant and Deli owner, on 063 966 9450 or 063 409 9412, or pay them a visit in Kroondal, located across Aug Behrens SPAR.



Local artist Verena Harms (left) with Kroondal Meule Restaurant and Deli owner Anita Kok.

NO POWER FOR 10 DAYS

[letter to the editor]

Rustenburg – Two properties in Van Belkum street, Rustenburg, have been without electricity for 10 days. At Rustenburg Local Municipality's (RLM) call centre, the response was "we have no stock" but when we reached out to ARB, they confirmed that RLM's account is open and ready, all they have to do is order and come fetch the stock. We've been paying almost daily visits to RLM's electricity department, and only after ten days were our electricity restored.

Marizaan Meyer, Rustenburg resident



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RUSTENBURG CHILD AND FAMILY WELFARE

In search of the whereabouts of the biological father of the male child with the surname Lesomo, who is 10 years of age and the female child with the surname Lesomo, who is 5 years of age; must urgently contact the Social Worker Geraldine Legobye from Rustenburg Child and Family Welfare on 014 537 2014 or geraldine@rtbchildandfamilywelfare.co.za

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
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
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My Mommy's number: _____

My Daddy's number: _____

My Doctor's number: _____

Friend/ Family member's number: _____

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Rustenburg SAPS Community Service Centre	014 590 4126/27/39
SAPS Boitekong	014 593 6001/6002/ 6003
SAPS Emergency (cell phones only)	112
SAPS Marikana	014 572 3143
SAPS Rustenburg	014 590 4116
SAPS Tlhabane	014 565 9154
AMBULANCE	
Ambulance / Metro Control Room	014 784 4100
Ambulance / Metro Control Room (provincial)	014 777 3500
MEDICAL EMERGENCY	
Med 24/7 (Private)	086 177 7761
ER24	084 124
NetCare 911	082 911
Trauma Rescue	014 594 0689
Ferncrest Hospital (Emergencies)	014 568 4339/8
Peglerae Hospital (Casualties)	014 597 2823
HOSPITALS	
Ferncrest Hospital	014 568 4399
Job Shimankana Tabane (JST) provincial hospital	014 590 5100
La Femme Clinic	014 594 9500
RusMed 24	014 523 9378/9351
PEST CONTROL	
Bee Removal	061 657 6085
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CIA Crime Incident Accident	079 498 7606
FIRE	
Fire Department	014 590 3232/ 3333/ 3444
RTB LOCAL MUNICIPALITY	
RLM Accounts Queries	014 590 3111/3090
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Electricity Helpline	014 565 1042
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ROAD AND TRAFFIC	
Bakwena N4 Toll Road	080 022 5936
Traffic Control Room (Rustenburg)	014 590 3221



Have your say / Sê jou sê

Do you know your neighbour's name?

Most of us try to be polite when we see our neighbours, by giving a slight nod when we coincidently see each other at the gate. A quick wave or "hello" over the wall is always nice. We often say that we should keep an eye out for each other, but if they break into your neighbour's home, how can you inform him if you don't even know his name or vice versa?



Yes. I think knowing the name of your neighbour is very important, especially from a security perspective. You must know their name so that you can alert them when you are not at home. Knowing each other makes it easier to look out for each other because there is always the threat of criminals.

Kaylim Fraser



Yes, I do. If you live next to someone, you are going to meet them and then get introduced to them. It's important to know all your neighbours around your house, for security and basic human decency.

Francois Viljoen

PUBLIC POLL: THE RESULTS ARE IN!

Do you know your neighbour's name?

NO 39% YES 61%

Send your event listing to news@platinumweekly.co.za ** Free Placement!			
PLATINUM EVENT DIARY			
Business Classic Fishing Competition	12-14 Aug '22	Brits: Roodekoppies Dam	https://foranglers.co.za/gys-pitzer-business-classic-2022/
THIRSTI AFRICANX TRAILRUN	20-21 Aug '22	Hartbeespoort: Van Gaalen Cheese Farm	082-991-0045
Fine Dine Date Night	26 Aug '22	Rustenburg: Kroondal Meule Restaurant & Deli	063-409-9412
Willeste Noord-Weste FEES	27 Aug '22	Rustenburg: Reformed Church Kock st. 153	014-592-6900
Kroondal Karneval	27 Aug '22	Kroondal: Deutsche Schule Kroondal	083-305-3874
Extreme Adventure Festival	27 Aug '22	Kroondal: Steineck Lodge	074-811-0400
Spes Bona Food Run	28 Aug '22	Rustenburg: Ultra Shell	073-599-5007/ 082 852 3258
Wille-Brannewynfees	2-3 Sep '22	Rustenburg: Omaramba Holiday Resort	014-572-3004
Kutlwanong Casual Day	3 Sep '22	Rustenburg: Kutlwanong School for the Deaf	083-359-8825
DODO Live Entertainment	3 Sep '22	Rustenburg: Top Dog Pub & Grill	071-886-8749

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	4			2	9			
		8					3	9
	6						1	7
5		9	7	3				
2			1		8	3		
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					2		3	

SUDOKU

WEATHER REPORT NORTH WEST			
RUSTENBURG			
Thursday	11 AUG 2022	26°C - 09°C	1% ☁
Friday	12 AUG 2022	28°C - 10°C	0% ☀
Saturday	13 AUG 2022	29°C - 09°C	0% ☀
Sunday	14 AUG 2022	22°C - 04°C	0% ☀
Monday	15 AUG 2022	22°C - 06°C	0% ☀

USD / ZAR	16.4573
EUR / ZAR	16.87769
GBP / ZAR	19.94821
AUD / ZAR	11.4885
Yuan / ZAR	2.4368
USD / EUR	0.97485
USD / GBP	0.82476
Bitcoin / USD	23121
Ethereum / USD	1706.01
Gold \$/oz	1 791.45
Platinum	929.40
Brent	94.81
Palladium	2 193.00
Silver	20.44

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POLL

Do you think computers and robots are going to take over your job in 10 years' time?

The Fourth Industrial Revolution is seeing technology developing at a very fast rate. We stand on the brink of a technological revolution that will essentially alter the way we work, but will technology be able to replace human labour?

Make yourself heard by sending an email to news@platinumweekly.co.za or a WhatsApp to 081 579 7000 with the following information before 17:00 on Tuesday 16 August:

- Yes, I think computers and robots are going to take over my job in 10 years' time.
- No, I don't think computers and robots are going to take over my job in 10 years' time.
- The reason for your answer.
- A recent photo of yourself (optional) – that we can publish with your answer.
- Your contact details.

If you don't want your answers to be in the newspaper, just reply to the question: YES/ NO.

The results of the votes will be published in our next issue.

PS – You can also give your opinion by commenting on our Facebook post.



YOUR FRIDAY FUN FACT

Did you know?

The Earth is spinning faster!
The normal length of day is 24 hours, or 86,400 seconds. But in recent years, the Earth's rotation has accelerated, shortening some days by milliseconds. The shortest day ever, was recorded on 29 June 2022 and it was 1.59 milliseconds less than the average day.

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- From the opposite direction turn left at Lemenong Road



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30 Minutes Treatments <ul style="list-style-type: none">ReflexologySinus DrainageSpavelous PedicureRolling Sands on Back of BodyAfrican Head MassageFacial Massage	
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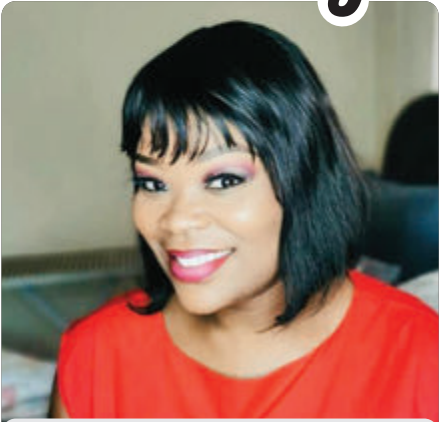
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WHAT'S
Cooking?



Kelebogile Boikanyo



Delicious Cinnamon Rolls

Cinnamon Rolls

Rustenburg – Kelebogile Boikanyo is a passionate, hard-working mom. She started her own business merely to support her son by selling lipsticks and watches. She has always loved cooking, a trade she inherited from her mother. “I can safely say I got my love for food and the kitchen from my mom, she used to cook up a storm when we were younger,” she said. Her passion for cooking developed into a business and she started her own small establishment where she sells food at the Kanana traffic circle.

Ingredients:

- 5 cups of all-purpose flour (keep 1 cup separate)
- 2½ teaspoons of yeast
- half cup of sugar
- 2 cups of milk
- 1 cup of melted butter
- pinch of salt

For the filling

- 1/2 cup sugar
- 4 teaspoons of cinnamon
- 1 cup of butter (softened)

Glazing

- 250g full cream cheese (unflavoured)
- 1/2 cup melted butter
- 2 teaspoons of vanilla essence
- pinch of salt
- condensed milk
- 1/2 cup of milk
- pecan nuts (optional)

Instructions:

1. Bloom the yeast by warming the milk, then add sugar and stir in melted butter. Then add the yeast and let it rest for 12 minutes.
2. Add 4 cups of flour and stir until all the flour is incorporated, and is forming a smooth dough.
3. Cover with cling wrap and let it rise for an hour.
4. Flour the surface and sprinkle over the dough (with the remaining cup of flour).
5. Knead for 10 minutes until the dough is stretchy.
6. Roll it into a square with a rolling pin.
7. Mix all the filling ingredients together, then spread it on the dough.
8. Tightly roll the dough.
9. Cut the dough into circles (Kelebogile prefers to use dental floss to cut the dough).
10. Place rolls on a greased baking pan, and cover with a clean dry dishcloth.
11. Let it rise for 30-45 minutes (warm the oven so long), and then bake at 180°C for 25 minutes.

Glaze

1. Cream the cream cheese, add melted butter, condensed milk, milk, vanilla essence and beat until smooth.
2. Glaze your cinnamon rolls while they are still warm.
3. Sprinkle pecan nuts over.

If you want your recipe featured in the *Platinum Weekly* newspaper (**free of charge**), contact Danika Minnaar at 081 579 7000 or email editorial@platinumweekly.co.za.

Cycling to victory!

Rustenburg – The Rustenburg Cycling Club (RCC) is proud of two of their riders who proved their capabilities during the AfriForum XCO Marathon. The RCC duo, Justin van der Linde and Anrich Barkhuizen, made a very positive impression at the marathon, held at Voortrekker Monument on Saturday 6 August 2022. Van der Linde rode the 60km and came first overall while Barkhuizen – who competed in the 40km – finished second in the youth category. Barkhuizen also finished in fifth position overall.



Justin van der Linde enjoyed the 60km race and finished first overall.



Anrich Barkhuizen, who competed in the 40km, finished second in the youth category.



Marzlé Nagel is a talented dance student at Leandri AkroClub.

Help make dancing dreams come true

Rustenburg – Marzlé Nagel is a 12-year-old dance student at Leandri AkroClub in Rustenburg. Over the past five years, she has proved her talent and received various accolades for her dancing. Nagel has been selected on four occasions to participate abroad but this is a costly exercise, one that she could never afford. This determined little girl hopes that she will be able to attend two upcoming local competitions. The first one will take place on 17 September in Secunda and the second competition will run from 3 to 8 October in Pretoria. These competition entries are expensive, and she needs costumes, fuel and of course accommodation. She will need a sponsor or donations to cover the costs. During these competitions, she will also stand a chance to be selected to participate in Rhode Island, America. **If you can assist Nagel on this first step to make her international dancing dream a reality, contact her coach Leandri van der Merwe on 076 018 1683.**

Unique Women’s Day celebration at Grenville

Rustenburg – Excitement filled the air during the Women’s Day celebrations hosted by Grenville High School on Friday 5 August. The event was organised by male educators of this prestigious school in partnership with Phure Consulting Town Planners. Carol Tshabalala (SuperSport International sports presenter), Dineo Molokoane

(speaker, author and director of Shedding Light), Jones ‘Blaque Gzus’ Modibane (comedian) as well as Aysha Ramatena (poet) were the guests of honour. All 645 girls attending the school were excited as they received gift hampers from the sponsors while staff members were served a sumptuous gourmet meal.



Back from left: Mr S Nkosi, Mr A Nyanyiwa, Mr A Klopper, Mr E Chauke, and Mr K Njoro (deputy principal). Front from left: Mr Ramamatsa, Mr W Moloi, Mr W Bossert, Mr J Augustinho, and Mr T Rantai.



Carol Tshabalala (left) and deputy principal Ansi Joubert.



Dineo Molokoane addressing the women staff members of Grenville High School.

RHS top 20

Rustenburg – Hoërskool Rustenburg se akademiese top-20 stel nooit teleur nie! Baie geluk aan elke Rustie-leerder wat hard gewerk het om hulle doelwitte te bereik.

Graad 12:

- Lars Arne Penzhorn - 95,83%
- Jana Baard - 94%
- Stefan Krüger - 93,33%
- Desiré Duvenage - 93%
- Natasha van Schalkwyk - 92,33%
- Lize Coetzee - 91,67%
- Gené Wagner - 91,33%
- Andi Hill - 90,5%
- Marion Behrens - 90,1%
- Nicolas Alberts - 89,67%
- Jamie-Dayne van Heese - 89,67%
- Drikus Bisschoff - 89,67%
- Sean O’donovan - 89%
- Stefan Steenkamp - 89%
- Amorlie Page - 88,33%
- Joané Prinsloo - 87,83%
- Telani van Heerden - 87,67%
- Sumari Prinsloo - 87,33%
- Corleijn Wissekerke - 87,33%
- Leandri Joyce Rossouw - 87%



Hoërskool Rustenburg se Graad 12 top 20.

Graad 11:

- Ise-Marié Erasmus - 92,33%
- Bianca Cilliers - 90,67%
- Nanette Malan - 89,93%
- Jordan van der Merwe - 89,17%
- Elsche Führi - 88,67%
- Anneri Marais - 87,93%
- Jacques du Plessis - 87,33%
- Marli Oberholzer - 86,67%
- Megan Hitge - 85,83%
- Igno Strydom - 85,83%
- Heinrich van Wyk - 85,5%
- Christi van Wyk - 85%
- De Wet Naude - 83%
- Danae Hindmarsh-Russel - 82,83%
- Chanlie Vermaak - 82,83%
- Adriné von Wielligh - 82,17%
- Elri du Plooy - 82%
- Landri janse van Rensburg - 81,67%
- Rulene Nieuwenhuizen - 81,67%
- Leanke van der Westhuizen - 81,67%

Graad 10:

- Jurie Blignaut - 99%
- Jade Davis - 94,33%
- Kayla Oberholzer - 94,33%
- Sharni van der Westhuizen - 94,17%
- Liandri de Wet - 93,5%
- Talitha du Preez - 92%
- Sebastian Meyer - 92%
- Hein Badenhorst - 91,67%
- Nadine Bezuidenhout - 91,17%
- Marizelle Naude - 90,83%
- Kai Penzhorn - 90,83%
- Runé Schoeman - 90%
- Denicke Pretorius - 89,67%
- Kiana janse van Rensburg - 89,5%
- Zander de Lange - 88%
- Lara de Villiers - 87,67%
- Chelize Durie - 87,5%
- Zané Martiz - 87,5%
- Kühno Truter - 87,5%
- Marianca Castillo - 86,5%

Graad 9:

- Heike Marx - 95,75%
- Mila Nel - 95%
- Minke Minnaar - 93,63%
- Deonél Kemp - 93,5%
- Derik Visser - 92,38%
- Kendra Swart - 92%
- Milandri Koen - 90,88%
- Henro Prinsloo - 90,75%
- Heili van den Bergh - 90,5%
- Nikita Neto - 89,88%
- Joshua Harmse - 89,38%
- Marco Pretorius - 88,88%
- Matkeya Schafer - 88,75%
- Owen Paxton - 88,25%
- Mieke Lötter - 88,13%
- Mianke van der Merwe - 87,75%
- Elizna Matthee - 87,38%
- Sasha Wewege - 87,25%
- Nieke janse van Rensburg - 87%
- Eliska Pieterse - 86,88%

Graad 8:

- Salomé Vermaak - 96%
- Caitlyn Koekemoer - 93,75%
- Juhann Krog - 93,75%
- Mischa van Zyl - 92,88%
- Matthew Retief - 92,75%
- Heiko Meyer - 92,38%
- Phia le Roux - 91,38%
- Jordan Casson - 91%
- Antonel de Villiers - 90,75%
- Laché Ackerman - 90,63%
- Ilan Botha - 90%
- Evan van Heerden - 89,88%
- Mirmé Young - 89,63%
- Conrad Marais - 88,75%
- Hayden Richards - 88,25%
- Thiard Volschenk - 88,25%
- Henrico van Aswegen - 88,13%
- Martin van der Schyff - 87,63%
- Elzanne van Rensburg - 87,63%
- Amy van Rooyen - 87,5%

2022 Rugby Kampioenskappe



Bokke vs All Blacks

In Mbombela behaal die Bokke hul grootste oorwinning ooit oor die All Blacks en wen 26-10. Voor 43,700 fanatiese ondersteuners het die Bokke die Kiwi's van die afskop af onder groot druk geplaas. Nie eers die besering aan die Bok skrummie, Faf de Klerk, slegs na 43 sekondes van die *game* het die Bokke van stryk gebring nie. Jaden Hendrikse wat skaars gaan sit het op die bank, het opgekom en speel 'n skitterende *game*. Jaden se diens aan Handrè Pollard was puik en sodoende kon Pollard die spel dikteer. Pollard behaal sestig punte met drie strafdoele, twee doelskoppe en 'n puik skepkop. Faf is ook dan nie beskikbaar vir die volgende toets nie en Jaden is in die beginspan met Herschel Jantjies op die bank. Malcolm Marx. Dis 'n naam wat die All Blacks nie gou gaan vergeet nie ou grote. Marx in sy vyftigste toets was 'n monster en boelie die Kiwi's by die afbreek punte en word ook welverdiend as speler van die toets aangewys. Die Bokke se skoptaktiek en opvolgwerk was een te veel vir die Kiwi's. En dan die opskietverdediging van die Bokke het die Kiwi agterspelers so onder druk geplaas dat hulle soms inmekaar vas gehardloop het. Buiten die besering aan Faf is die groen gees gedemp deur 'n rooikaart aan Kurt-Lee Arendse met gevaarlike spel teen Beauden Barrett. Barrett het ongelukkig op sy nek te lande gekom en is met 'n draagbaar van die veld af. Arendse is ook in die lugaanval beseer en is ook met 'n draagbaar van die veld. Dit is so jammer dat die dag so vir die jongeling geëindig het, want die mannetjie het tot

die insident 'n droomtoets beleef. Arendse is ook nou vir vier weke geskors. Jesse Kriel is nader geroep vir die volgende toets in Arendse se plek. Yster Vermeulen is ook terug in die span met Jasper Wiese wat na die bank verskuif. In die Kiwi kamp heers daar groot kommer. En met rede, hulle speel swak *ruggas* en klaar. Al word Ian Foster se kop geëis as *coach*, speel die senior lede van die span ook nou nie juis top rugby nie. Vir die eerste keer is die All Blacks vyfde op die wêreld ranglys. Die volgende toets Saterdag in Johannesburg tel ook nie in die Kiwi's se guns nie. Eerstens speel die hoogte bo seespieël 'n groot rol en dan die goeie ou Ellispark wat 'n bondgenoot is vir die Bokke. Soos ons die trotse Nieu-Seelandse *rugga*-nasie ken sal hulle terugkom, maar om Bok se kind nou te klop sal 'n helse poging moet wees. Voor sestig duisend groen fanatiese bok ondersteuners, sal Kiwi se kind groot bolle moet uithaal en wys om die een te wen. **Argentinië vs Australië** Australië het met rustyd 19-10 agtergeloop maar veg terug en wen met 'n bonuspunt 41-26. *Cappie* Michael Hooper het kort voor die toets onttrek maar die Wallabies het nog steeds goeie *ruggas* opgedis. 'n Groot terugslag vir die span is die besering wat losskakel Quade Cooper opgedoen het, en sal vir die seisoen buite aksie wees. Die Argentyne moet hulle verdediging opknap en sal dan ook saam die groot honne kan blaf.

- Bepalings: Saterdag 13 Augustus**
- Suid-Afrika 17:05 Nieu-Seeland
 - Argentinië 21:10 Australië

Nag ou grote...

Bergsig Akademie maak skoonskip tydens landlooptligas

Rustenburg – Die landlooptlete van Bergsig Akademie is tans goed op dreef en oorheers die Hoërskole Landlooptliga. Tydens die eerste landlooptliga wat op 28 Julie by Hoërskool Brits plaasgevind het, het Bergsig al vier kategorieë oortuigend gewen. Wat die spankompetiesie betref, was die uitslae soos volg: **Junior dogters** 1. Bergsig Akademie - 17 2. Hoërskool Rustenburg - 27 3. Hoërskool Brits - 29 **Junior seuns** 1. Bergsig Akademie - 11 2. Hoërskool Brits - 31 3. Hoërskool Rustenburg - 51 **Senior dogters** 1. Bergsig Akademie - 16 2. Hoërskool Zeerust - 48 3. Hoërskool Brits - 54 **Senior seuns** 1. Bergsig Akademie - 10 2. Hoërskool Zeerust - 46

3. Hoërskool Brits - 62 Bergsig Akademie wen gevolglik die algehele spankompetiesie vir seuns en dogters oortuigend. Die volgende atlete het presteer deur onder die top drie atlete te eindig: **Junior dogters:** 1. Kelello Phokoje 3. Zoey Watt **Junior seuns:** 1. Scott Williamson 2. Lean Scholtz 3. Irish Jonker **Senior dogters:** 2. Lelanie Janse van Vuuren 3. Abby Havenga **Senior seuns:** 1. Luan Marais 2. Wessel Swart 3. Benjamin Swart Die tweede landlooptliga het op 4 Augustus by Fields College plaasgevind. Weereens het Bergsig se landlopers puik presteer deur al vier kategorieë in te palm. Die algehele uitslae vir dogters was soos volg: **Dogters algeheel:** 1. Bergsig Akademie - 27 2. Hoërskool Zeerust - 118 3. Lebone II – College of the Royal Bafokeng - 129 **Seuns algeheel:** 1. Bergsig Akademie - 32 2. Hoërskool Zeerust - 104 3. Hoërskool Grenswag - 138 Bergsig Akademie se atlete was ook die individuele wenner van al vier wedlope. • Junior dogters: Kelello Phokoje • Junior seuns: Scott Williamson • Senior dogters: Abby Havenga • Senior seuns: Luan Marais Baie geluk aan elke atleet met hulle blink vertonings.



Impala goes down to Rhinos



Rustenburg – Impala Rugby Club fought hard but eventually lost their World Sports Betting Carlton Cup match to a stronger Northam Rhinos by a 57-12 margin. The match, which was played at Impala's home ground in Rustenburg on Saturday 6 August, was entertaining to the lively crowd which turned up to watch the action. Despite a spirited display of purposeful rugby by Impala, Rhinos took control of the match by scoring their opening try within the first five minutes of the match. Rhinos, who are third on the log, went on to dominate proceedings in both halves of the match to come away with a well-deserved win. After the match, everyone enjoyed watching the Springboks romping to a 26-10 victory over New Zealand in an action-packed international match.

Sun City rewards the five top achieving matriculants from the North West

Rustenburg – South Africa's epic island-style vacation destination, Sun City, is supporting five of the most successful 2021 matriculants from within the Bojanala District, North West. The five matriculants, who achieved a more than 90% pass rate in their final exams, have been given a laptop each, on 7 July 2022, to help them further their studies. Collectively the laptops are valued at just over R115,000 and are top of the range with superior processing power. "We are delighted to be able to assist bright young adults continue on their path to success as they become our country's future leaders, and to also

reward them for their hard work paid off," says Brett Hoppé, Sun City's general manager. The 2021 top achievers are: • Eloise Shelly from Hartbeespoort High School with a 96.29% average • Oarabile Ndongane from Eletsa Secondary School with a 95.71% average • Keorapetse Matau from Brits High School with a 94.57% average • Daniella Theron from Hartbeespoort High School with a 93.29% average • Melissa Janse van Rensburg from Rustenburg High School with a 93% average



McCarthy sets the coaching bar high

SA – Mamelodi Sundowns, Richards Bay, Royal AM and Orlando Pirates all started their DStv Premier Soccer League (PSL) campaign on a positive note as the new topflight football season roared to life on Saturday 6 August 2022. With much of the football action focused on the domestic front, Benni McCarthy made history in England as one of the coaches of a Manchester United team that lost 2-1 to Brighton & Hove Albion. From a South African perspective, the defeat did little to overshadow McCarthy's coaching debut in the English Premier League (EPL). The EPL ranks among the very best football leagues in the world. For McCarthy to be associated with a team that is widely respected at the highest levels of club football in Europe is an impressive achievement on his coaching profile. It is also a huge endorsement of the quality of South African football. McCarthy – who is well-known for his glittering playing career, representing Blackburn and West Ham in the EPL – was also part of the FC Porto team that won the prestigious Champions League in 2004. Winner of the top scorer award at the 1998 Africa Cup of Nations, McCarthy is now a highly respected football coach and has managed to obtain the qualifications that made Manchester

United knock on his door. He has set the bar very high for other local football coaches and there is no doubt that many South African football fans will also be following how his career at Manchester United progresses during the 2022/23 season.



Benni McCarthy achieved a milestone by being appointed a first team coach at English Premier League side Manchester United.



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BERRY AND CHERRY MAKIETIE

Rustenburg/ Buffelspoort – The Berry and Cherrie Makietie, to take place on Saturday 29 October at Kumbagana near Buffelspoort, promises to be a hit!

The day is not only a fun day for family but also a celebration of all things cherry and blueberry. Make sure to mark your calendar to enjoy the live entertainment, stalls and delicious treats. Don't forget to place your orders for cherries beforehand. Orders can be collected at the festival.

For more information, contact Mirandie Visser on 082 406 6308.



WIN WITH SUN CITY AND PLATINUM WEEKLY'S WOMEN'S MONTH COMPETITION!



THE PRIZE

One lucky winner will receive a two-night midweek stay at Cabanas, Sun City, valued at over R7,000 for two people. Breakfast and access to the Valley of Waves are included.

DEADLINE FOR ENTRIES:
23 August 2022

HOW TO ENTER:

Share a message about why you and a strong woman in your life (your wife, granny, friend...) deserve a relaxing getaway during Women's Month and stand a chance to win with Sun City and *Platinum Weekly*.

- Send your message via WhatsApp to 081 821 1332.
- Supply both your cell number and email address when entering.
- The winner will be announced on 26 August.

Facebook: @SunCitySA | Instagram: suncityresortsa | Twitter: @SunCityResortSA

RULES: • The prize is not transferable for cash. • The winner will have six months, from 26 August, to redeem the prize (subject to availability). • Please note that peak season includes the festive period in December when the resort is fully booked. • *Platinum Weekly* will contact the winners and their names and photos will be published in our newspaper. • Terms and conditions apply.

There is no better time to celebrate all the hard-working women in our lives than during Women's Month this August. Why not enjoy a break-away filled with fun as well as relaxing things to do at Sun International's Sun City Resort in Rustenburg?

The one-of-a-kind South African resort, is set in a lush green paradise surrounded by a craggy mountain backdrop, borders the Pilanesberg National Park and is just the place for a wide range of outdoor activities including archery or quad biking – just the thing for the ladies to show the guys a thing or two on the track!

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PRICE LOCK SAVINGS

<p>3'S 174⁹⁹ Whole Chicken 3's</p> <p>3KG FOR 139⁹⁹ Pork 3kg</p> <p>3KG FOR 99⁹⁹ Chicken Feet 3kg</p>	<p>2KG FOR 19⁹⁹ Bananas 2kg</p> <p>2KG FOR 99⁹⁹ Ox Liver 2kg</p> <p>10KG FOR 59⁹⁹ Potatoes L/M 10kg</p>	<p>ALL FOR R50 Potatoes 2kg + Carrots 1kg + Beetroot 1kg + Onions 1kg</p> <p>EACH FOR 94⁹⁹ Top Lay Eggs Large 60's</p> <p>EACH FOR 69⁹⁹ Super White Maize Meal 10kg</p>	<p>BUY 2 FOR R135 (R67.50 EACH) Chubby Chick Mixed Portions 2kg</p> <p>BUY 2 FOR R40 (R20.00 EACH) Coca-Cola Soft Drink 2lt</p> <p>EACH FOR 21⁹⁹ Darling Amasi 2lt</p> <p>EACH FOR 47⁹⁹ MAG 2kg</p>
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MON - FRI: 08:00 - 18:00. SAT: 08:00 - 16:00. PUBLIC HOLIDAYS & SUNDAY: 09:00 - 14:00.

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Festive Fresh
12-Piece Chicken
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200g each

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All Variants

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All Variants



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750g each

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Crystal Valley
Cheddar/Gouda
Cheese



SAVE 10%

25⁹⁹
2L each

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SAVE 18%

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85⁹⁹ per kg
Bulk Pork Loin & Rib Chops

99⁹⁹ per kg
Tenderised Beef Steak

89⁹⁹ per kg
Farmstead Pork Fillet

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400g Cape Point Calamari Medallions & 400g uMoja Half Shell Mussels & 400g Fisherman's Deli Peeled Prawns

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Freshly Baked Cinnamon Doughnuts

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Kix Rose Spritzer NRB

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Castle Lite Beer Cans

SAVE R25 FREE DEAL 149⁹⁹ 750ml
BUY 750ml Imagin Classic/Citrus London Dry Gin Each & GET 1x Schweppes All Variants Each FREE!

279⁹⁹ 750ml
Jack Daniel's Tennessee Rye Whiskey

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SAVE 13% 69⁹⁹ 750ml
Boschendal Lanoy Dry Red

SAVE 18% ANY 2 FOR 89⁹⁹
2 x 750ml Tall Horse Merlot, Pinotage, Cabernet, Sauvignon, Shiraz, Sauvignon Blanc

Not for Persons Under the Age of 18. Drink Responsibly.

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59⁹⁹
30 per pack
X WITH CARD

Housebrand Sausage Rolls



SAVE 20%

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2 x 1kg Danone NutriDay Fruit Yoghurt All Variants



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SAVE 20%
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SAVE 20%
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Sunbake Standard/Farmstyle Sliced White Bread Each



SAVE 15%
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SAVE 6%
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SAVE R10
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X WITH CARD

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SAVE R10
39⁹⁹
X WITH CARD

Rainbow Simply Chicken Nuggets All Variants



SAVE R15
BUY 2 FOR R45
X WITH CARD

2 x 200g Renown Shoulder Bacon



SAVE R10
56⁹⁹
X WITH CARD

I&J Smokey BBQ/Black Pepper Burgers



SAVE R14
58⁹⁹
X WITH CARD

Rainbow Simply Chicken Polony All Variants



SAVE R15
ANY 3 FOR R90
X WITH CARD

3 x 85g Farmer's Deli Salami Sticks All Variants

SAVE R16
49⁹⁹
X WITH CARD

Spoonfuls Ice Cream All Variants (Excluding Tin Roof)



SAVE R14
38⁹⁹
X WITH CARD

Gourmet Steakhouse Potato Chips



SAVE R19
45⁹⁹
X WITH CARD

Sea Harvest Fish Fingers



SAVE R20
69⁹⁹
X WITH CARD

Sea Harvest Fish Friday Crumbed Hake Fillets



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ANY 2 FOR R28
WITH CARD

2 x 500g
Toscana Fusilli/
Penne Rigate/
Gnocchi

SAVE 17%
24⁹⁹
375ml each
WITH CARD

Steers Salad
Dressing/
Sauce
All Variants

SAVE 8%
ANY 3 FOR R36
WITH CARD

3 x 45g Weber
Marinade
All Variants

SAVE R25
89⁹⁹
2L
WITH CARD

Housebrand
Sunflower
Seed Oil

Checkers
housebrand



WE'VE SHRUNK PRICES SO YOU

SAVE 17%
14⁹⁹
410g each
WITH CARD

Housebrand Cream Style Sweetcorn/
Whole Kernel Corn

SAVE 18%
13⁹⁹
410g each
WITH CARD

Miami Tomato
& Onion Mix

SAVE 20%
15⁹⁹
120g each
WITH CARD

Lucky Star
Sardines in Oil

SAVE 23%
16⁹⁹
410g each
WITH CARD

Rhodes Peach Halves/
Slices in Syrup

SAVE 18%
17⁹⁹
410g each
WITH CARD

Rhodes Butter
Beans Plain/Curry

SAVE 18%
22⁹⁹
410g each
WITH CARD

Rhodes Guava
Halves in Syrup

SAVE 18%
17⁹⁹
750ml
WITH CARD

Housebrand Tomato Sauce
All Variants Each

SAVE 19%
29⁹⁹
750ml
WITH CARD

Housebrand
Sweet Chilli Sauce

SAVE 19%
12⁹⁹
3/4 per pack
WITH CARD

The Kitchen
Instant Soup All Variants

SAVE 14%
18⁹⁹
350g per pack
WITH CARD

Mr. Pasta Instant
Noodles All Variants

SAVE 27%
21⁹⁹
800g
WITH CARD

Royal
Baking Powder Refill

SAVE 26%
ANY 2 FOR R34
WITH CARD

2 x 170g Cape Point Tuna
Chunks in Water/Oil

**SAVE R15
ANY 10 FOR R35**
WITH CARD

10 x The Kitchen
Soup Powder All Variants

SAVE 14%
18⁹⁹
400g each
WITH CARD

Housebrand Pilchards in Hot
Chilli/ Tomato Sauce

SAVE 19%
21⁹⁹
460g each
WITH CARD

Housebrand
Chutney Mild/ Peach/ Hot

SAVE 14%
23⁹⁹
300g each
WITH CARD

Housebrand
Corned Meat

SAVE 15%
22⁹⁹
2kg
WITH CARD

Housebrand
Rice

SAVE 10%
26⁹⁹
750g/760g/
850g each
WITH CARD

Housebrand
Mayonnaise All Variants

BUY 2 FOR R30
WITH CARD

2 x 400g Housebrand
Garden Peas

SAVE 21%

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SAVE 23%

22⁹⁹
450g

X WITH CARD

Alpen Nutrific Cereal

SAVE R12

37⁹⁹
500g

X WITH CARD

Kellogg's Corn Flakes

SAVE R12

37⁹⁹
340g/350g/
375g each

X WITH CARD

Kellogg's Crunchers/
Strawberry Pops/Coco
Pops/Froot Loops/
Chocos/Big 5

SAVE R14

42⁹⁹
500g

X WITH CARD

Kellogg's All-Bran Flakes

CAN TAKE HOME BIGGER SAVINGS

SAVE 20%

26⁹⁹
102 per pack

X WITH CARD

Tetley Premium Tea Blend

SAVE R11

54⁹⁹
450g

X WITH CARD

Nestlé Hot Chocolate

SAVE R17

69⁹⁹
250g each

X WITH CARD

Importers Ground Coffee/
Filter Coffee/Coffee Beans
All Variants

SAVE R27
ANY 2 FOR

R65

X WITH CARD

2 x 10 per pack Boston
Cappuccino Sticks All Variants

Checkers housebrand

Black Tea Blend

Rooibos

SAVE 15%

X WITH CARD

Housebrand Black Tea 100 per pack/
Rooibos Teabags 80 per pack

SAVE 19%

21⁹⁹
500g each

X WITH CARD

Hulett's Syrup
All Variants

SAVE 21%

22⁹⁹
400g each

X WITH CARD

Pot O' Gold Smooth/
Crunchy Peanut Butter

SAVE 27%

21⁹⁹
900g each

X WITH CARD

Rhodes Jam
All Variants

SAVE R10

39⁹⁹
750g

X WITH CARD

Morning Mills
Muesli All Variants Each

SAVE R11

31⁹⁹
2kg

X WITH CARD

Hulett's SunSweet
Brown Sugar

Checkers housebrand

Sweetened Condensed Milk

SAVE 11%

22⁹⁹
500g each

X WITH CARD

Housebrand
Condensed Milk

Checkers Little SHOP3 Mini Collectables

WIN your share of R100 000 in prizes!

Mini playsets & vouchers up for grabs.

Buy any participating brand & swipe your Xtra Savings card to enter.

Laager

NESCAFÉ GOLD

TASTIC

Energizer

aQuellé

Simple Truth

Sunfoil

FORAGE AND FEAST

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HUGGIES gold

Beyers

OH MY GOODNESS!

Maggi

Check your till slip for details. Ts & Cs apply.

SAVE R12

ANY 2 FOR

R38

WITH CARD

2 x 87g Cadbury Bubbly Chocolate Slab All Variants

SAVE 18%

ANY 2 FOR

R36

WITH CARD

2 x 120g Lay's Chips All Variants

SAVE R14

ANY 3 FOR

R40

WITH CARD

3 x 150g Beacon Marshmallows All Variants (Excluding Coconut)

SAVE R10

6x500ml per pack

44⁹⁹

WITH CARD

Thirsti Sparkling Drink All Variants

KEEP SWIPING

KEEP COLLECTING

Checkers housebrand

SAVE 23%

12⁹⁹

150g each

WITH CARD

Housebrand Salted Peanuts/Peanuts & Raisins

SAVE 20%

ANY 2 FOR

R24

WITH CARD

2 x 45g PVM Energy Bars All Variants

SAVE R11

ANY 4 FOR

R25

WITH CARD

4 x 42g Amajoya Sweets All Variants

SAVE R10

ANY 2 FOR

R30

WITH CARD

2 x 100g Beacon Jelly Tots Sweets All Variants

SAVE R14

ANY 2 FOR

R36

WITH CARD

2 x 150g Beacon Liquorice Allsorts All Variants

SAVE R15

ANY 5 FOR

R45

WITH CARD

5 x Nestlé KitKat/Bar-One/Aero/Milkybar/Tex/Smarties Chocolate

SAVE R19

ANY 3 FOR

R50

WITH CARD

3 x 125g Sweets From Heaven Sweets All Variants

SAVE R36

ANY 2 FOR

R80

WITH CARD

2 x 6x200ml per pack Ceres 100% Fruit Juice Blend All Variants

SAVE R20

BUY 2 FOR

R38

WITH CARD

2 x 5x Aquellé Still Water

SAVE 17%

18⁹⁹

1.5L

WITH CARD

Lipton Ice Tea All Variants Each

SAVE R10

BUY 2 FOR

R26

WITH CARD

2 x 500ml Housebrand Lemon Juice

SAVE 13%

29⁹⁹

2L

WITH CARD

Sunfirst 8% Squash Concentrate

SAVE 16%

ANY 3 FOR

R35

WITH CARD

3 x 2/ Popzi Cold Drink All Variants

SAVE R13

ANY 2 FOR

R45

WITH CARD

2 x 1/ Rhodes 100% Fruit Juice All Variants

SAVE 21%

ANY 3 FOR

R33

WITH CARD

3 x 440ml Power Play Energy Drink All Variants

SAVE R10

49⁹⁹

6x200ml per pack

WITH CARD

Fitch & Leedes Cold Drink All Variants

BUY ANY 2 &

SAVE

20%

WITH CARD

2 x 200g Housebrand Marie/Lemon Cream/Coconut/Ginger/Shortbread Biscuits

ANY 2 FOR

R20

WITH CARD

2 x 135g Willards Cheas Naks All Variants

SAVE 26%

24⁹⁹

200g each

WITH CARD

Bakers Kips Crackers All Variants

SAVE 21%

24⁹⁹

125g each

WITH CARD

Bakers ProVita Crackerbread All Variants

SAVE 21%

24⁹⁹

200g each

WITH CARD

Bakers Romany Creams Biscuits All Variants

SAVE R13

34⁹⁹

450g/500g

WITH CARD

Cape Cookies Rusks All Variants Each

OFFERS VALID FROM MONDAY 08 AUGUST 2022 UNTIL SUNDAY 21 AUGUST 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

SAVE R10

37⁹⁹
250g

X WITH CARD

Nestlé Cerelac Baby Cereal All Variants Each



SAVE R20

89⁹⁹
224/288 per pack

X WITH CARD

Johnson's Extra Sensitive/Gentle All Over Baby Wipes



SAVE R15

164⁹⁹
900g

X WITH CARD

Nestlé Nido 3+ Formula



SAVE R20

169⁹⁹
per pack

X WITH CARD

Lovies Disposable Nappies Jumbo Pack



PRICE PER NAPPIE

MINI	70	R2,43
MIDI	56	R3,04
MAXI	52	R3,27
JUNIOR	48	R3,54

SAVE R45

224⁹⁹
per pack

X WITH CARD

Huggies Gold Disposable Nappies



BUY ME & WIN!

SIZE 2	94	R2,39
SIZE 3	76	R2,96
SIZE 4	66	R3,40
SIZE 5	52	R3,62

SWIPE FOR INSTANT SAVINGS



PERSONAL CARE *Essentials*

SAVE R6

23⁹⁹
50ml each

X WITH CARD

Dove Roll-On for Ladies/Men All Variants



SAVE R10

44⁹⁹
400ml each

X WITH CARD

Organics Shampoo/Conditioner All Variants



SAVE UP TO R11

27⁹⁹
90ml each

X WITH CARD

Lenthéric/Coty Aerosol Deodorant All Variants



SAVE 21% ANY 2 FOR R22

X WITH CARD

2 x 150g Protex Bath Soap All Variants



SAVE 20%

X WITH CARD

Olay Facial Care Range



BUY ANY 2 & SAVE 25%

X WITH CARD

2 x Shower to Shower Roll-On for Ladies 50ml/ Aerosol 150ml/Body Wash 500ml/Shower Creme 500ml All Variants



SAVE R50

59⁹⁹
1L

X WITH CARD

Listerine Zero Mouthwash



SAVE R79 ANY 2 FOR R90

X WITH CARD

2 x 500ml Sanex Shower Gel All Variants



SAVE R90

179⁹⁹
500g

X WITH CARD

E45 Dermatological Body Cream Tub/Pump Each



SAVE R10 ANY 2 FOR R26

X WITH CARD

2 x 7/8/10 per pack Lil-lets Thick Sanitary Pads All Variants



SAVE R10

39⁹⁹
100 per pack

X WITH CARD

Comfitex Pantyliners All Variants



SAVE R11 ANY 3 FOR R40

X WITH CARD

3 x 10 per pack Lil-lets Tampons All Variants



Health

17⁹⁹
12 per pack

Panado Paracetamol Tablets



47⁹⁹
100ml each

Woods' Peppermint Cough Syrup for Children/Peppermint Cure Cough Syrup



24⁹⁹
125ml

Dettol Antiseptic Liquid



62⁹⁹
10 per pack

Medirite Fizzy Magnesium Supplement Tablets



114⁹⁹
60 per pack

Medirite MSM Supplement Tablets



Affordable Healthcare Made Easy

SAVE R10

34⁹⁹
200ml

X WITH CARD

Purity Baby Oil



SAVE R10

34⁹⁹
500ml each

X WITH CARD

Bennetts Aqueous Cream All Variants



ANY 5 FOR R38

X WITH CARD

5 x 110ml De-lish Baby Food Pouches All Variants



SAVE R12

21⁹⁹
200g

X WITH CARD

Purity Baby Powder



SAVE R12

24⁹⁹
2x100ml per pack

X WITH CARD

Colgate Twin Pack Toothpaste



SAVE R12

35⁹⁹
75ml each

X WITH CARD

Colgate Total/Pro/Natural Toothpaste All Variants



OFFERS VALID FROM MONDAY 08 AUGUST 2022 UNTIL SUNDAY 21 AUGUST 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

SAVE R11
BUY 2 FOR
R35

WITH CARD

2 x 2 per pack
Dinu Kitchen Towels All Variants

SAVE R55
BOTH FOR
R50

WITH CARD

Mr Muscle 300ml Disinfectant Spray & 750ml Multi-Surface Disinfectant All Variants Each

SAVE R20
109⁹⁹
23/28 per pack

WITH CARD

Sunlight Expert 5-in-1 Dishwasher Tablets

SAVE R40
BUY 2 FOR
R100

WITH CARD

2 x 4kg Blitz Triquettes

ALL YOUR FAVOURITE BRANDS AT LITTLE PRICES

SAVE 16%
24⁹⁹
275ml each

WITH CARD

Plush Supreme Multi-Surface Cleaner All Variants

SAVE 16%
24⁹⁹
750ml

WITH CARD

Sunlight Regular Dishwashing Liquid Refill

SAVE R12
25⁹⁹
20 per pack

WITH CARD

Tuffy Budget Refuse Bags

SAVE 14%
29⁹⁹
750ml

WITH CARD

Plush Supreme Tile Cleaner All Variants Each

SAVE R10
ANY 2 FOR
R30

WITH CARD

2 x 200ml Air Scent Air Freshener All Variants

SAVE R10
34⁹⁹
200ml each

WITH CARD

Doom Insecticide All Variants

SAVE 21%
ANY 2 FOR
R35

WITH CARD

2 x 750ml MAQ All Purpose Cleaner All Variants

SAVE R10
ANY 2 FOR
R40

WITH CARD

2 x 750ml MAQ Thick Bleach All Variants

ANY 2 FOR
R34

WITH CARD

2 x 415g Dr Hahnz Cat Food All Variants

SAVE 11%

ANY 2 FOR
R35

WITH CARD

2 x 120g Marltons Dog Treats All Variants

SAVE R21

ANY 2 FOR
R64

WITH CARD

2 x 830g Dr Hahnz Dog Food All Variants

SAVE 11%

SAVE R16
56⁹⁹
1.5kg/1.75kg each

WITH CARD

Catmor Cat Food All Variants

SAVE R33
139⁹⁹
7kg/8kg

WITH CARD

Dogmor Dog Food All Variants Each

Get a **FREE** mini delivered with every **R200** you spend on Sixty60.

For Xtra Savings linked customers only. Ts and Cs apply. Excludes LiquorShop sales & delivery fee.

Checkers
better and better

also at **Checkers Hyper**

Checkers **SIXTY60**

download the app

OFFERS VALID FROM MONDAY 08/08/2022 UNTIL SUNDAY 21/08/2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFKENG, LICHTENBURG & WELTEVREDEN PARK. CHECKERS FOODS WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. DUE TO GOVERNMENT REGULATIONS, LIQUOR TRADING HOURS MAY VARY. PLEASE VISIT WWW.CHECKERS.CO.ZA/LIQUORSHOP FOR THE LATEST TRADING HOURS. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

**INSTANT
FREE
SHOPPING FOR
59 000
CUSTOMERS**

GO BIG

SPAR
Rewards

COMPETITION ENDS 21 AUG 2022

SPAR

SUPERSPAR

TV **BUY ME TO WIN**

SPAR
Carbonated Soft Drink
2 litre
Assorted

BUY ANY 3 FOR 30⁰⁰

TV **BUY ME TO WIN**

SPAR
Extra Shelf Life
Full Cream or
Low Fat
Milk
(Excl. Full Fat)
2 litre

28⁹⁹ each

SPAR
Large Eggs
18s

35⁹⁹

Bokomo
Weet-bix
900 g

52⁹⁹

NOLA
Mayonnaise
500 g - 780 g
Assorted

32⁹⁹ each

TV **BUY ME TO WIN**

SPAR
Toilet Rolls
2 ply
350 Sheets
9s

Get R5 off
Rewards Customers Pay

44⁹⁹ each

Value Pack		
Maxi	4+	45s
Midi		58s
Junior	5	42s
Maxi		50s
Mini		68s
Size	1	76s or
Extra		
Large	6	36s

Pampers
Active Value
Disposable
Nappies or Pants

169⁹⁹ per pack

Pants
Midi 52s,
Junior 40s,
Maxi 46s or
Extra Large 35s

EASY OPENING SYSTEM **SEALED IN FRESHNESS** **GREAT FOR FREEZING**

**LOCKED IN
FRESH
SO YOU CAN
UNLOCK THE
FLAVOUR**

SPAR
Select

**NEW
SKIN-PACKED
CHICKEN**

LOW PRICES

SPAR
Select
Extended Shelf Life
Skin Pack
Chicken Braai Pack
5s / 8s

58⁹⁹ per kg

SPAR
Select
Extended Shelf Life
Skin Pack
Chicken
Breast Fillets
4s / 8s

78⁹⁹ per kg

SPAR
Select
Extended Shelf Life
Chicken
Star Pack
4 Thighs &
4 Drums

69⁹⁹ per kg

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR
Rewards

Exclusive to **SPAR Rewards** customers.
Sign up today! Dial *120*7070#. It's **INSTANT!**

Let's **chat**

0860 313 141
Add SPAR as a contact on WhatsApp.
Say "Hello" to make sure you never miss a chance to SAVE, get all the latest specials, store details, Rewards and more!

SPAR

Specials available at selected **SPAR** and **SUPERSPAR** stores (excluding KWIKSPAR and SPAR Express stores) from **9 August 2022** up to and including **21 August 2022**, while stocks last. We reserve the right to limit quantities. TV products available nationally. Prices include VAT. **Specials are not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area.** Errors and Omissions Excepted (E&OE).

SSR823

BAKER'S CHOICE

SPAR Bakery Cakes Black Forest, or Dessert Topping (Vanilla, Chocolate or Strawberry)

59⁹⁹ each

SPAR Bakery Cocktail Koeksisters 12s

29⁹⁹

Bakery Roti (White or Brown) 6s

34⁹⁹

SPAR Bakery White or Brown Wraps 6s

29⁹⁹

SPAR Bakery Syrup Waffles 6s

29⁹⁹

SPAR Bakery Braai Rolls 6s Assorted

39⁹⁹

FRESH CHOICE

SPAR freshline Bananas 750 g

15⁹⁹

SPAR freshline Potjie Pack 1 kg

36⁹⁹ per pack

SPAR freshline Sweet Potato 1 kg

14⁹⁹

SPAR freshline Soft Citrus 1 kg

25⁰⁰

SPAR freshline Basic Doy Soup (Minestrone, Chunky Chicken, Vegetable, Tomato & Lentil or Butternut) 500 g

270⁰⁰

SPAR freshline White Button Mushrooms 250 g

40⁰⁰

BUTCHER'S CHOICE

Bulk Stewing Beef

79⁹⁹ per kg

Pork Braai Chops

59⁹⁹ per kg

SPAR TENDER and TASTY Pork Neck Steak

119⁹⁹ per kg

SPAR Bulk Select Farmhouse Wors

84⁹⁹ per kg

SPAR TENDER and TASTY Chicken Thigh Kebabs

72⁹⁹ per kg

SPAR TENDER and TASTY Buffalo Style Chicken Wings

84⁹⁹ per kg

CHIKKA CHICKEN PERI PERI CHICKEN LIVERS & ROLL 200 g Portion of Livers

24⁹⁹ per combo

CHIKKA CHICKEN 3 SPAR HOT CHIKKA WINGS & CHIPS (100G)

Now 21⁹⁰ per combo

CHIKKA CHICKEN WINNING WINGS

WAS 26⁰⁰ SAVE 5⁰⁰

CHIKKA CHICKEN CHIKKA WHOLE ROASTED CHICKEN BBQ or Peri peri

79⁹⁹

WINE SELECTION Wines you love at prices you'll adore

Annabelle Cuvee Rosé or Blanc Wine 750 ml 74⁹⁹ each

Gluwein Red Wine 750 ml 49⁹⁹

Haute Cabriere Chardonnay Pinotage 750 ml 84⁹⁹

YOU COULD BE 1 OF
59 000
WINNERS!

SHOP

ANY PARTICIPATING
PRODUCT TO ENTER

SWIPE

YOUR SPAR Rewards
CARD AT THE TILL

WIN

YOUR SHOPPING
INSTANTLY!

For the love of Cheese...



Kiri
Medium Fat
Cream Cheese
108 g

32⁹⁹
per pack



Parmalat or
Melrose
Processed
Cheese Slices
or Melrose Melts
or Maxi Slices
400 g
Assorted

49⁹⁹
per pack



Parmalat
Yoghurt Tubz
6s
Assorted

BUY
ANY
2
FOR **27⁰⁰**



Blue Ribbon
Classic
Brown Bread
700 g

13⁹⁹
each



Parmalat
Medium Fat, Low
Fat,
Double Cream or
Easygest or
Fabulite Fat Free
Yoghurt
1 kg
Assorted

27⁹⁹
each



SPAR
Burst
Dairy Fruit
Juice Blend
2 litre
Assorted

19⁹⁹
each



Clover
Super M
Flavoured Milk
300 ml
Assorted

12⁹⁹
each



SPAR
Chicken,
Chicken and Cheese,
Chilli or Cheese
Vienna's
500 g

38⁹⁹
per pack



Eskort
Cheese or
Bacon Griller
500 g

49⁹⁹
per pack



SPAR
French, Garlic or
Chilli
Polony
(Excl. Chicken)
1 kg/750 g
Assorted

27⁹⁹
each



SPAR
Frozen
Mixed
Chicken
Portions
2 kg

68⁹⁹



Mama's
Pies
6s
Assorted

89⁹⁹
per pack



Natures
Garden
Mixed
Vegetables
1 kg

32⁹⁹
each



I&J
Light & Crispy
Crumbed Hake
or Haddock
Fillet Portions
500 g
Assorted

69⁹⁹
each



SPAR
Frozen Chicken
Livers Tub
250 g

8⁹⁹
each



Ola
Magnum Ice Cream
100 ml
Assorted

BUY
ANY
2
FOR **47⁰⁰**



Oreo
Vanilla Flavoured
Ice Cream
with Oreo Biscuit
Pieces, Dairy
Milk, Lunch Bar or
Caramello
480 ml

Get
R20 off
Rewards Customers Pay
79⁹⁹
each

SPAR

SUPERSPAR

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SPAR Rewards

Instant Savings

Get even MORE with SPAR Rewards

Sign up today! Dial *120*7070#. It's INSTANT!



Jacobs Kronung
Coffee Bottle
200 g
or Refill
230 g
Assorted
(Excl. Decaf.)

Get **R7 off**
each



Pasta Grandé
Spaghetti, Macaroni,
Screws, Shells
or Elbows
500 g
Assorted

Get **R2 off**
each



Stork
Country Spread
40% Fat Spread
Tub
500 g

Get **R5 off**
each



Natures Garden
Frozen Chips
1 kg
Assorted

Get **R4 off**
each



Golden Cloud
Self Raising
Wheat Flour
2.5 kg

Get **R3 off**
each



Ace
Instant Porridge
1 kg
Assorted

Get **R3 off**
each



SPAR
Facial Tissues
200s

Get **R3 off**
each



SPAR
2 Ply
Toilet Rolls
9s
350 Sheets

Get **R5 off**
each



Omo
Bleach
750 ml
Assorted

Get **R7 off**
each

SPAR Rewards
Instant Savings

MULTI-BUYS



Lays
Potato Chips
120 g
Assorted

MULTI-BUY
Buy any 2 and get
R2 off



SPAR
Petals
Maxi Sanitary Pads
8s / 9s
Assorted
(Excl. Petals Classic
Maxi Pads 8s)

MULTI-BUY
Buy any 2 and get
R5 off



SPAR
Petals Tampons
16s
Assorted

MULTI-BUY
Buy any 2 and get
R5 off



SPAR
Sanitize-It
Hygiene Wipes
40s

MULTI-BUY
Buy 2 and get
R8 off



SPAR
Dishwash-It
Refill
750 ml

MULTI-BUY
Buy 2 and get
R5 off

Maximum of 10 e-Coupons per product or multi-buy per **SPAR Rewards** customer.

SPAR

Valid from **9 August 2022 - 21 August 2022.**
T's & C's Apply.

For customer queries
call: 080 007 9610

LOW PRICES

SPAR
Rooibos
Teabags
80s

29⁹⁹

House of Coffee
Beans or Ground
Coffee
(Excl. Decaf)
250 g
Assorted

69⁹⁹
each

Nescafé
Gold Cappuccino
Sticks
10s
Assorted

58⁹⁹

Bokomo
Pronutro Cereal
750 g
Assorted

59⁹⁹
each

Bokomo
Oatees Cereal
375 g
Assorted

37⁹⁹
each

Ouma
Rusks
450 g / 500 g
Assorted

39⁹⁹
each

JACOBS
KRÖNUNG
Instant Coffee or
Refill Pack
(Excl. Decaf)
200 g / 230 g

Get R7 off
Rewards Customers Pay
89⁹⁹
each

SPAR
Canola
Oil
2 litre

99⁹⁹

Maggi
2-Minute
Noodles
5 x 73 g
Assorted

24⁹⁹
per pack

Koo
Mixed
Vegetables in
Brine or
Curry Sauce
410 g

18⁹⁹
each

Rhodes
Chakalaka
400 g
Assorted

16⁹⁹
each

Bull Brand
Corned Meat
(Excl. Corned
Beef)
300 g

24⁹⁹
each

Lucky Star
Pilchards in
Tomato or
Chilli Sauce
155 g

BUY ANY 2 FOR 23⁰⁰

Steers
Sauce or
Salad Dressing
375 ml
Assorted

24⁹⁹
each

Wellington's
Tomato Sauce
700 ml

23⁹⁹

Bisto
Original Gravy
Powder
225 g

15⁹⁹
each

Robertson's
Rajah Curry
Powder
100 g
Assorted

18⁹⁹
each

Imbo
Popcorn
500 g

11⁹⁹

SPAR
100% Fruit
Juice Blend
(Excl. Pressed and
Squeezed)
1 litre
Assorted

17⁹⁹
each

Lay's
Potato Chips
120 g
Assorted

MULTI-BUY
Buy any 2 and get
R2 off
Rewards Customers Pay
34⁰⁰

Willard's
Cheas Naks
135 g
Assorted

BUY ANY 2 FOR 21⁰⁰

Pringles
Potato Chips
100 g
Assorted

21⁹⁹
per tube

Lindt
Lindor Truffles
200 g
Assorted

109⁹⁹
each

BUY MORE AND SAVE

SPAR
Ginger Biscuits
200 g

BUY 2 FOR 30⁰⁰

SPAR
Gums, Jellies,
Pastilles or Liquorice
125g
Assorted

BUY ANY 2 FOR 30⁰⁰

SPAR
Shortbread
Biscuits
200 g

BUY 2 FOR 32⁰⁰

Beacon
Chocolate Bars
Tv Bar, Niki Nosh,
Black Cat or
Damascus Nougat
Milk Chocolate
40 g - 62 g
Assorted

BUY ANY 2 FOR 18⁰⁰

Monster
Energy Drink
500 ml
Assorted

BUY ANY 2 FOR 28⁰⁰

Aquellè
Be Active
Still Spring Water
750 ml

BUY 2 FOR 15⁰⁰

Beacon
Chocolate Slabs
(Excl. Heavenly
Bubbles)
80 g
Assorted

BUY ANY 2 FOR 22⁰⁰

SPAR

SUPERSPAR

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SPAR

LAST CHANCE TO
BAKE & SERVE
Like a MasterChef

Promotion ends 31 July 2022.
Completed collector cards can be redeemed until 14 August 2022.

Promotion ends 31 July 2022. Completed collector cards can be redeemed until 14 August 2022. Stickers can be collected at any SPAR, SUPERSPAR, KWIKSPAR, SPAR Express, SAVEMOR and TOPS at SPAR store. MasterChef Bakeware may only be redeemed at SPAR, SUPERSPAR, KWIKSPAR, SPAR Express and SAVEMOR stores. Excludes stores in KZN, Western Cape, Eastern Cape, Uptington and Keimoes area.
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GET UP TO
70% OFF
MasterChef Bakeware

SHOP

COLLECT

70%
SAVE

MasterChef
The TV Series

Brut
Anti-Perspirant
Roll-On for Men
50 ml
Assorted

21⁹⁹
each

Nivea
Roll On
for Men or Women
50 ml

19⁹⁹
each

Playboy
Deodorant
150 ml
Assorted

Get **R1 off**
Rewards Customers Pay
24⁹⁹

Close Up
Tooth Paste
125 g
Assorted

17⁹⁹
each

Pantene
3 Minute
Conditioner or
Treatment
200 ml
Assorted

39⁹⁹
each

Inecto
Hair Colour
Super Black
28 ml

17⁹⁹

Playgirl
Deodorant
90 ml
Assorted

24⁹⁹
each

Shield
Anti-Perspirant
Deodorant for
Men or Woman
150 ml
Assorted

29⁹⁹
each

Vaseline
Dry Skin
Repair
400 ml

Vaseline
Body Cream or
Lotion
(Excl. Q10 Range)
400 ml

44⁹⁹
each

Kotex
Maxi, Normal or
Super Sanitary Pads
16s/ 20s
Assorted

ZERO
%VAT
ON THIS PRODUCT

26⁹⁹
per pack

Always
Scented or
Unscented
Daily Panty
Liners
20s
Assorted

BUY ANY
2 FOR
27⁰⁰

Kleenex
Facial Tissues
3 Ply
90s

22⁹⁹
per pack

SELF
CARE
FAMILY
Essentials

Lennon
Haarlemensis,
Entress or Versterk
Druppels
20 ml

21⁹⁹
each

Borstol
Cough Remedy
100 ml
Assorted

46⁹⁹

Panado
Headache
Capsules
20s

34⁹⁹
per pack

BUY MORE AND SAVE

Radox
Body Wash
250 ml
Assorted

BUY ANY
2 FOR
60⁰⁰

Lux
Beauty Soap
Assorted
175 g

BUY ANY
2 FOR
29⁰⁰

Lifebuoy
Hygiene Soap
(Excl. Eventone
Charcoal)
175 g
Assorted

BUY ANY
2 FOR
28⁰⁰

AMAZING DEALS ON
BABY ESSENTIALS!

Purity
Baby
3rd Foods
200 ml
Assorted

BUY ANY
2 FOR
29⁰⁰
each

Rhodes
Squish
Puree
Pouch
110 ml
Assorted

BUY ANY
3 FOR
28⁰⁰

SPAR

SUPERSPAR

Specials available at selected SPAR and SUPERSPAR stores (excluding KWIKSPAR and SPAR Express stores) from 9 August 2022 up to and including 21 August 2022, while stocks last. We reserve the right to limit quantities. TV products available nationally. Prices include VAT. Specials are not available in Western Cape, Eastern Cape, KwaZulu-Natal, Uptington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

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GREAT VALUE



SPAR
Dish Wash-IT
Refill
Lemon
750 ml

MULTI-BUY

Buy 2 and get

R5 off

Rewards Customers Pay

35⁰⁰



SPAR
Bleach IT
750 ml

13⁹⁹
each



Prowash
Auto
Washing Powder
2 kg
Assorted

47⁹⁹



Pledge
Multi-Surface
Cleaner or
Furniture Polish
300 ml

26⁹⁹
each



Chux
Heavy Duty or
Non Scratch
Scourer
3s

24⁹⁹
per pack



Garbie
Super Saver
Refuse Bags
20s

31⁹⁹
each



Comfort
Fabric Conditioner
Refill Pouch
800 ml

MULTI-BUY

Buy any 2 and get

R8 off

Rewards Customers Pay

70⁰⁰

kitchen

SPAR
goodliving



SPAR
Good Living
Waffle Weave
Swab Set
2s

20⁹⁹
per pack



SPAR
Good Living
Terry
Kitchen Swab
1s

16⁹⁹
each



Gift Barrel
Lock Box or
Snap-It Box
Assorted
2.2 litre

16⁹⁹
each



Gift Barrel
Black
Plastic Bucket
9 litre

11⁹⁹

Gutter
Broom

79⁹⁹



GARDEN
Essentials

Elite
Leaf Rake

29⁹⁹
each

Garden Hose
PULSE
With Fittings

Pulse
Garden Hose
with Fittings
20 m

179⁹⁹
each



Whiskas
Meaty Nuggets
1 kg
Assorted

69⁹⁹
each



Boss
Dog Food
775 g
Assorted

BUY
ANY
2
FOR

50⁰⁰

SPAR

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Hot deal ends soon!

BAKE & SERVE

Like a MasterChef

Promotion ends 31 July 2022.
Completed collector cards can be redeemed until 14 August 2022.

Fill your collector card with 20 stickers

COLLECT THE MASTERCHEF RANGE!

31 JULY 2022

YOU DO NOT NEED STICKERS TO PURCHASE THE BELOW:

COMBO
Buy all and get
R15 off
Rewards Customers Pay
99⁹⁹

Parmalat Cheddar or Gouda Cheese 850 g Assorted

99⁹⁹ each

SPAR Margarine Tub 500 g

25⁹⁹ each

Snowflake Self Raising Wheat Flour 1 kg

19⁹⁹ each

Five Roses Ceylon Blend Tagless Teabags 100s

44⁹⁹

SPAR Baked Beans in Tomato Sauce 410 g

BUY 2 FOR **23⁰⁰**

Black Cat Peanut Butter 400 g Assorted

32⁹⁹

Selati White Sugar 2.5 kg

42⁹⁹

Surf Regular Hand Washing Powder 2 kg

47⁹⁹

SPAR Pro-Balance Dog Food 8 kg Assorted

199⁹⁹ each

LAVAZZA QUALITY COFFEE TO KICKSTART YOUR DAY

BEANTREE AVAILABLE AT SELECTED STORES

Together we can END Gender Based Violence in our communities

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www.spar.co.za/gbv

Women and girls should never miss out

Only R6 for 8 maxi pads

That's why we continue to ensure that quality sanitary protection is available at the lowest possible price.

SPAR PRODUCTS

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8 For more info: www.spar.co.za

185 Solutions